



Support and Advocacy:  
Of, by and for People with Dementia

# ONLINE SUPPORT GROUPS

Dementia Alliance International (DAI) facilitates weekly online peer-to-peer support groups in a number of different time zones. Each group has two or three hosts to ensure there is always someone available.

DAI is deeply committed to supporting people with dementia in this way.

Learn how empowering it is being part of a supportive group of people, all living with a diagnosis of dementia. Our support groups are also confidential, inclusive, supportive and informative support. Please also note, they do not provide medical advice.

There is no need to leave your home, if you have a way to connect to the Internet.

Your family support person, or even a paid carer is able to assist you to attend, but participation is for people with dementia.

If you are a member of DAI, we would love you to join us. You can [download our guidelines](#), or you can [click here to join DAI](#).

## Together we are stronger

If you have dementia, we encourage you to join DAI's growing global community.

To become a member, fill in the short form at [www.joindai.org](http://www.joindai.org)

or email us at [info@infodai.org](mailto:info@infodai.org)

[www.infodai.org](http://www.infodai.org) / <http://www.dementiaallianceinternational.org/donate/>



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